



2011 Market Hours

Broadway 10:30 - 4:00
Thursdays

6th Ave 3:00 - 7:00
Tuesdays

So. Tacoma 11:00 - 3:00
Sundays
Opening day: 6/5/2011

Get Fresh at the Market

Click on each Market below to access next week's fresh sheet.

[Broadway Fresh Sheet](#)

[6th Avenue Fresh Sheet](#)

[South Tacoma Fresh Sheet](#)

Featured Recipe from Chef Matt Stickle of The Bite Restaurant at Hotel Murano

[Tequila Braised Pork & Rhubarb Salsa](#)
[Recipe Card](#)

The Bite's Farmers Market Special Menu Item this week:

Copper River Salmon,
Rhubarb Butter
Grilled Asparagus
Roasted Fingerling potatoes
\$28



Dear Laura,

Remember to start your grocery shopping at a local farmers market. Downtown & 6th Avenue are bringing local farm fresh foods back to your table. We all look longingly at the corn, watermelon and peaches at the grocery stores ([Imported - ack - greenhouse gases and questionable nutrition](#)) while finding leeks, asparagus, and rhubarb at the local farmers markets...and we appreciate you getting creative with those ingredients and remaining a committed Locavore!! Our recent sunshine has spurred growth of many additional local crops and weekly assortments will begin bursting with diversity.

Are you interested in receiving more information on the Farm to Chef program or are interested in getting involved?--Let us know! Take this quick and easy survey:

[Farm 2 Chef](#)



New Vendors at next week's Markets

Have you been looking for your special farmer, processor or artisan and haven't seen them yet? Tune into our Newsletter to find out Vendor schedules. Below is a link to vendors starting at next week's Broadway & 6th Ave markets

[New Vendors Next Week](#)

South Tacoma Vendor List

Opening day is June 5. Make sure to come by and get a free shopping tote to fill with goodies from the Market!

[So Tac Vendor List](#)

Special Shout Out!

Big Thank You to our dedicated Sponsors for their unconditional support of The Tacoma Farmers Markets. Their contributions have increased access to healthy foods to our community and play a crucial role in the economic sustainability for local agriculture and local food purveyors.



Chef Matt of the Hotel Murano's The Bite Restaurant with his crew performing a live chef demo on opening day. Check out his recipe for Tequila Braised Pork and Rhubarb Salsa here in our newsletter.

[Watch his live demo taping and segment about how to shop for produce at the Farmers Market](#)

May: laughter & love at the Market

May is a beautiful month, as nature renews itself so reassuringly spring after spring.

We find ourselves renewed as well...

-Veva Olson, 104

Lifelong Gardener & Farmer



Laughter and Sunshine - Good Times



May 19, 2011 at the Broadway Farmers Market.
Photo courtesy of the TNT

MEET OUR MAY FEATURED VENDOR:



Authentic Handmade African Baskets

Wonder where everyone is getting those beautiful, utilitarian, woven hand baskets from? Stroll down the Broadway Market or the 6th Avenue Market and visit Samba in his Authentic Handmade African Baskets Booth.

[Read more about Samba and his baskets](#)



WIC Farmers Market Nutrition Program Saved!

Amidst the iffy chance that Farmers Market Nutrition Program benefits may have come to an end for WIC (women, infant, children) program families - good news has arrived! Thanks to the

strong support from our State Senators, your phone calls to them, and the relentless steam put forth by the [WA Sustainable Food and Farming Network](#) - the WIC program is now in the 2012-2013 state budget. Fresh, local food will continue to be on the table of every family - regardless of income bracket - and TFM will be there to continue supporting this cause. Community is a beautiful thing!
[Who & How it was saved](#)
[What is the FMNP?](#)

Farmers Corner

Options for Farmers with Delayed Planting from Wet Conditions

SPOKANE, WASHINGTON, May 24, 2011 --- Cool and extremely wet weather in the inland Northwest has caused crop damage and slowed planting this spring. Dave Paul, Director of USDA's Risk Management Agency (RMA) Spokane Regional Office, encourages producers faced with questions on prevented planting, replant or crop losses this spring, to contact their crop insurance agent for more information.

[Read More](#)